

January 5, 2014 - Pastor Jeff Miller

**Defeating Depression Part 1:**  
**Depression 101**

**Some stats about Depression:** \_\_\_\_\_  
\_\_\_\_\_

**Depression defined:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Three categories of Depression:**

**Category 1: Mild**, biblical example **J** \_\_\_\_\_

**Category 2: Moderate**, biblical ex. **A** \_\_\_\_\_ (Psalm 73)

**Category 3: Severe**, biblical ex. **D** \_\_\_\_\_ (Psalm 32)

**Five biblical truths about Depression:**

- 1.) Depression is expected in a **F** \_\_\_\_\_ world.
- 2.) Depression is expected from those that don't know **J** \_\_\_\_\_.
- 3.) Depression is dispelled by the **W** \_\_\_\_\_ and **W** \_\_\_\_\_ of God.
- 4.) Depression is possible for believers, because we still live in the **F** \_\_\_\_\_.
- 5.) Depression someday will be **H** \_\_\_\_\_ !