## January 19, 2014 - Pastor Jeff Miller

## <u>Defeating Depression Part 3:</u> <u>Depression "caused by" Crisis</u>

Review:	
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1.) Don't L to yourself.		
4 Terrible Sermons after a Crisis (of any kind/degree):		
a.) "I'm the O one that has to deal with this!"		
<b>b.)</b> "God doesn't <b>C</b> !"		
<b>c.)</b> "God is not in <b>C</b> !"		
d.) "I can't D with this!"		
1 Corinthians 10:13 - No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.		
2.) P to yourself. (Job 1-2)		
4 Truths to Preach to yourself after a Crisis:		
a.) Nothing happens without God's P (1:12, 2:6)		
<b>b.)</b> Nothing is <b>M (1:21)</b>		
c.) Nothing diminishes God's G (1:21)		
d.) Nothing God does is "E". (v22)		