

The Quarant-Teen

Thoughts on connecting
with Teens Stuck at Home



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The Mission:

“Hear, O Israel: The Lord our God, the Lord is one. You shall love the Lord your God with all your heart and with all your soul and with all your might. And these words that I command you today shall be on your heart. You shall teach them diligently to your children, and **shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.** You shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. You shall write them on the doorposts of your house and on your gates.”

Deuteronomy 6:4-9

**Meaningful
conversations among
mundane activities**

Rest - A “Forced” Sabbath

Unless the Lord builds the house,
those who build it labor in vain.
Unless the Lord watches over the city,
the watchman stays awake in vain.

**It is in vain that you rise up early
and go late to rest,**
eating the bread of anxious toil;
for **He gives to his beloved sleep.**

Psalm 127:1-2

The Lord is my shepherd; I shall not want.
He **makes me lie down** in green pastures. He
leads me beside **still waters.**

Psalm 23:1-2





Rest - A “Forced” Sabbath: *Conversation Starters*

1. Would you rather only be able to watch one movie for the rest of your life, or only be able to read one book for the rest of your life?
2. Why does God let bad things happen?
3. What does it mean to have a relationship with God?
4. If you could sit face to face with God and ask Him one question, what would it be?
5. What does it mean to worship God? Do you think it's important?
6. What is one way you can worship God this week without using music?
7. What's your favorite show right now?
8. What video games have you been into lately?
9. How can we spend our time differently than we have in the past?
10. Is there anything that you've always wanted to try, but never had time for? Now is the time to go for it!



Routine - Purpose In Disguise

The soul of the sluggard craves and gets nothing, while the **soul of the diligent is richly supplied.**

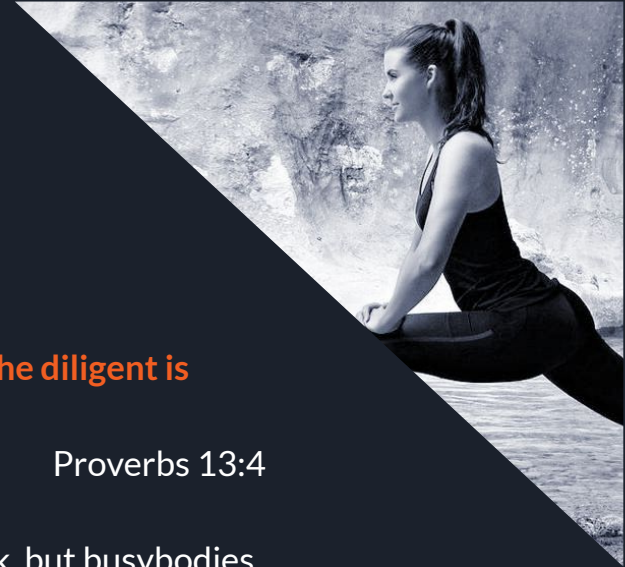
Proverbs 13:4

For we hear that some among you walk in idleness, not busy at work, but busybodies. Now such persons we **command and encourage in the Lord Jesus Christ to do their work** quietly and to earn their own living.

2 Thessalonians 3:11-12

For the moment all discipline seems painful rather than pleasant, but later **it yields the peaceful fruit of righteousness** to those who have been trained by it.

Hebrews 12:11





Routine - Purpose In Disguise

Considerations & Examples

1. Don't overdo this... You aren't trying to train soldiers per se.
2. How about just getting dressed each day?
3. "You shall teach them diligently..." find a form of family devotional that works.
4. Establish set family times. Dinners, game nights, even family Zoom calls, whatever.
5. Encourage some form of exercise (as healthy as sitting on your couch may be).
6. There's this thing called Vitamin D... Get them outside!
7. Potentially institute some digital blackout periods.
8. Teach some history - family history, American history, church history, something you enjoy.
9. Chores are almost never a bad idea. Paint the fence, paint the house, by the end Karate Kid.
10. Any other thing that instills a sense of rhythm - quote of the day, faux school send-off, etc.



Re-Engage - Restoring Locust Damage



I will **restore to you** the years that the swarming locust has eaten...

Joel 2:25

Let your speech always be gracious, **seasoned with salt**, so that you may know how you ought to answer each person.

Colossians 4:6

Train up a child in the way he should go; even when he is old **he will not depart from it.**

Proverbs 22:6



Re-Engage - Restoring Locust Damage

The Art of Conversation with The One-Word-Responders

This is something that takes much commitment, but the cost of failed attempts cannot be compared to the value of even the smallest successes.

But, much of the frustration comes from being Lost in Translation.

Don't do this alone!





Reassure - Pacify Pandemic Panic

But **exhort one another every day**, as long as it is called “today,” that none of you may be hardened by the deceitfulness of sin.

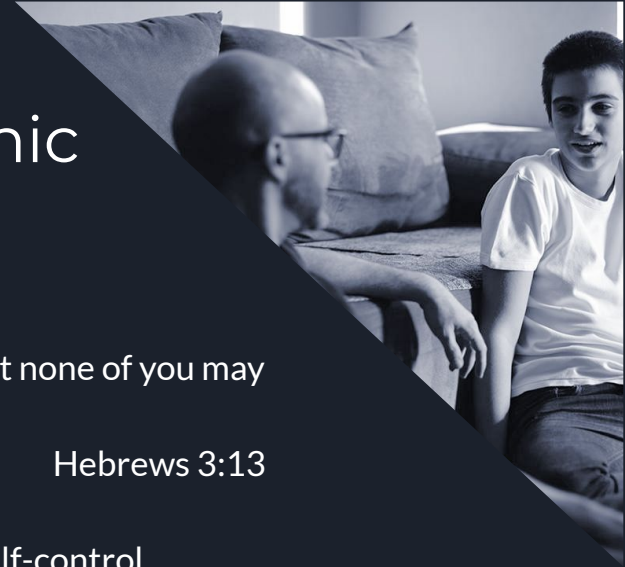
Hebrews 3:13

For God **did not give us a spirit of fear** but of power and love and self-control.

2 Timothy 1:7

God is our refuge and strength, **a very present help** in trouble.

Psalms 46:1





Reassure - Pacify Pandemic Panic

Conversation Starters

1. Does the coronavirus make you feel scared or anxious? What worries you about the virus?
2. How do you think our culture will change after this is all over?
3. How have you been staying in touch with friends?
4. What changes has the COVID crisis brought about that you don't know how to handle?
5. How are you doing in terms of anxiety or feeling down (mental/emotional health)? Is there any way we can help you with that during this time?
6. What are you missing out on that you're disappointed about?
7. What's the hardest decision you've ever had to make?
8. If you're having a rough day, what are the best ways to cheer you up?
9. How do you think our culture will change after this is all over?
10. What is the first thing you want to do when stay at home orders are lifted?

Rejoice - I Say Again Rejoice

He has made **everything beautiful in its time**. Also, he has put eternity into man's heart, yet so that he cannot find out **what God has done** from the beginning to the end.

Ecclesiastes 3:11

For I consider that the sufferings of this present time are **not worth comparing** with the glory that is to be revealed to us.

Romans 8:18

Rejoice in the Lord **always**; again I will say, Rejoice.
Philippians 4:4





Rejoice - I Say Again Rejoice

Motivators to Enjoy This Odd Time

1. Worship together
2. Games, games, and more games - board games, video games, puzzles, etc.
3. Watch a movie, binge a TV show (#TheChosen), watch Some Good News
4. Go on adventure - be safe but don't be scared - scavenger hunt by car?
5. Explore and find new trails - go hiking!
6. Learn something new together
7. Do a family cook-off - see who doesn't get Chopped
8. Reminisce - watch old home videos or flip through photo albums
9. Serve together - volunteering is still allowed (deliver meals, sew masks, check on your neighbors)
10. Make a new tradition.



Thank you!

Children are not casual guests in our home. They have been loaned to us temporarily for the purpose of loving them and instilling a foundation of values on which their future lives will be built.

James Dobson

quote fancy

Reference: axis.org

Free Download:

<https://axis.org/wp-content/uploads/2020/04/Axis-Parents-Guide-to-Covid-19.pdf>